

APRIL 2025



TAP SENIOR PROGRAM FOR ELYRIA SENIORS AGE 55+ INDOOR WALKING DAILY 9AM-12PM

Join the I LOVE WALKING CLUB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	The TAP Senior Program follows The Elyria City School Closings for inclement weather	¹ East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	² South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	³ East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:00-11:00 Tai Chi 10:30-Noon Pickleball	⁴ West Rec 9:00-Noon Walking Volleyball	⁵
⁶	⁷ South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	⁸ East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	⁹ South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	¹⁰ East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:00-11:00 Tai Chi 10:30-Noon Pickleball	¹¹ West Rec 9:00-Noon Walking Volleyball	¹²
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	Indoor Walking Daily 9am-12pm Please check calendar for location		East Recreation Center 1101 Prospect St Elyria, OH 44035	South Recreation Center 101 South Park Dr. Elyria, OH 44035	West Recreation Center 1200 Foster Ave. Elyria, OH 44035	Main Office 440-326-1500