

January 2025

TAP



The Active People Age 55+
 Walking Daily from 9am – Noon
 Main Office # 440-326-1500

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	PLEASE NOTE THE TIME CHANGE OF THE YOGA & CHAIR EXERCISE CLASSES ON MON & WED	HAPPY NEW YEAR! 2025	CLOSED WINTER BREAK	CLOSED WINTER BREAK	CLOSED WINTER BREAK	
5	6	7	8	9	10	11
	South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
12	13	14	15	16	17	18
	South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-10:30 Line Dancing group of 10 to Abbewood 10:30-Noon Pickleball	South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
19	20	21	22	23	24	25
	CENTERS CLOSED MARTIN LUTHER KING JR BIRTHDAY	East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge Club 10:30-Noon Pickleball	South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
26	27	28	29	30	31	
	South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	

East Recreation Center
 1101 Prospect St.
 Elyria, OH 44035

South Recreation Center
 101 South Park Dr.
 Elyria, OH 44035

West Recreation Center
 1200 Foster Ave.
 Elyria, OH 44035