

February 2025

TAP (The Active People) Age 55+ Senior Program

Walking Daily from 9am – Noon

Main Office # 440-326-1500



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	TAP SENIOR PROGRAM FOLLOWS THE ELYRIA CITY SCHOOL CLOSINGS FOR INCLEMENT WEATHER.					1
2	3 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	4 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	5 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	6 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	7 West Rec 9:00-Noon Walking Volleyball	8
9	10 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	11 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	12 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	13 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	14 West Rec 9:00-Noon Walking Volleyball Happy Valentine's Day!	15
16	17 CLOSED PRESIDENT'S DAY	18 East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge Club 10:30-Noon Pickleball	19 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	20 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	21 West Rec 9:00-Noon Walking Volleyball	22
23	24 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:00-11:00 Tai Chi 10:30-11:30 Chair Yoga	25 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	26 South Rec 9:00-Noon 9:30-10:30 Chair Exercise 10:30-11:30 Chair Yoga	27 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	28 West Rec 9:00-Noon Walking Volleyball	

East Recreation Center
1101 Prospect St.
Elyria, OH 44035

South Recreation Center
101 South Park Dr.
Elyria, OH 44035

West Recreation Center
1200 Foster Ave.
Elyria, OH 44035