

OCTOBER 2024 TAP

**THE ACTIVE PEOPLE AGE 55+
WALKING DAILY FROM 9AM – NOON
MAIN OFFICE # 440-326-1500**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
6	7	8	9	10	11	12
	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
13	14	15	16	17	18	19
	CENTERS CLOSED COLUMBUS DAY	East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge Club 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
20	21	22	23	24	25	26
	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	West Rec 9:00-Noon Walking Volleyball	
27	28	29	30	31		
	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball HAPPY HALLOWEEN		

East Recreation Center
1101 Prospect St.
Elyria, OH 44035

South Recreation Center
101 South Park Dr.
Elyria, OH 44035

West Recreation Center
1200 Foster Ave.
Elyria, OH 44035

