

August 2024

Subject to Change / Main Office 440-326-1500

TAP Senior Program

The Active People Age 55+

Walking Daily from 9am – Noon



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	2 East Rec 9:00-Noon Walking Volleyball	3
4	5 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	6 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	7 East Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	8 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	9 West Rec 9:00-Noon Walking Volleyball	10
11	12 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	13 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	14 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	15 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	16 West Rec 9:00-Noon Walking Volleyball	17
18	19 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	20 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	21 CENTERS CLOSED SUMMER BREAK 8/9 – 9/6	22 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	23 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	24
25	26 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	27 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	28 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	29 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	30 CENTERS CLOSED SUMMER BREAK 8/19 – 9/6	
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East Recreation Center
1101 Prospect St.
Elyria, OH 44035

South Recreation Center
101 South Park Dr.
Elyria, OH 44035

West Recreation Center
1200 Foster Ave.
Elyria, OH 44035