

June 2024

TAP Senior Program

The Active People Age 55+

Walking Daily from 9am – Noon



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	4 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	5 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	6 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	7 West Rec 9:00-Noon Walking Volleyball	8
9	10 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	11 South Rec 9:00-Noon 9:30-10:30 Line Dancing 11:00-11:45 Elyria Library 10:30-Noon Pickleball	12 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	13 South Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	14 West Rec 9:00-Noon Walking Volleyball	15
16	17 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	18 East Rec 9:00-Noon 9:30-10:30 Line Dancing 9:30-Noon Bridge Club 10:30-Noon Pickleball	19 Juneteenth National Independence Day Centers Closed	20 East Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	21 South Rec 9:00-Noon Walking Volleyball	22
23	24 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 10:00-11:00 Tai Chi 11:00-11:30 Chair Exercise	25 South Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	26 South Rec 9:00-Noon 10:00-11:00 Chair Yoga 11:00-11:30 Chair Exercise	27 South Rec 9:00-Noon 9:30-10:30 Line Dancing 10:30-Noon Pickleball	28 West Rec 9:00-Noon Walking Volleyball	29
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East Recreation Center
1101 Prospect St.
Elyria, OH 44035

South Recreation Center
101 South Park Dr.
Elyria, OH 44035

West Recreation Center
1200 Foster Ave.
Elyria, OH 44035

** Subject to Change ** For more information please call the main office @ 440-326-1500